



HOURLY counseling and referral services are provided by

CARELON BEHAVIORAL HEALTH



For questions or assistance, see your local ESSP Representative.

CARELON BEHAVIORAL HEALTH

What Carelon Behavioral Health provides:

- Licensed professional counselors for confidential online or in-person sessions.
- Sessions that accommodate your schedule.
- 3 free visits per issue, per year for you and your eligible family members.
- Referral services for counseling, treatment, elder care, and more.

For questions or assistance, see your local ESSP Representative.

CARELON BEHAVIORAL HEALTH

For free and confidential counseling, contact your local

ESSP Representative or

Contact Carelon Behavioral Health: 800-227-9622